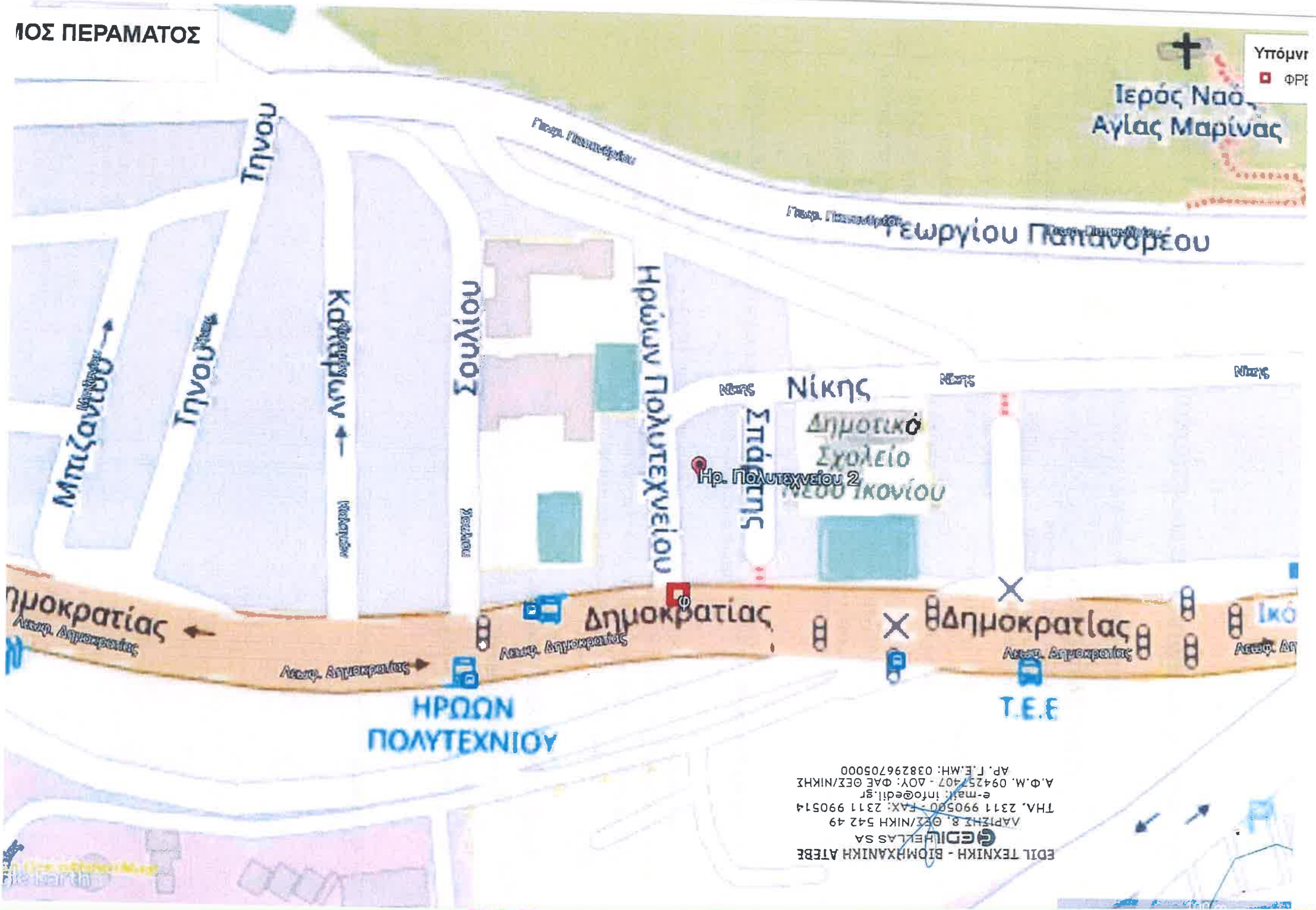ΙΟΣ ΠΕΡΑΜΑΤΟΣ